

October 2024

Dear parents and carers,

PSHE 2024

You will be aware that, as a part of your child's educational experience at Kirk Hallam Community Academy, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

I am writing to let you know that, throughout the year, your child's tutor group will be taking part in lessons which will focus on Relationships and Sex Education (RSE). This is part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions in order to prepare them for relationships in the modern world.

Students at Kirk Hallam Community Academy will receive one lesson of Personal Development per week. The key topics that will be covered for each year group will support their understanding on making well informed and healthy decisions. The table below shows topics to be delivered to different year groups.

	Term 1 (Health and Wellbeing)	Term 2 (Living in the Wider World)	Term 3 (Relationships)	Term 4 (Health and Wellbeing)	Term 5 (Relationships)	Term 6 (Living in the Wider World)
Year 7	Transition and Safety	Developing Skills and Aspirations	Diversity	Health and Puberty	Building Relationships	Financial Decision Making
Year 8	Drugs and Alcohol	Community and Careers	Discrimination	Emotional Wellbeing	Identity and Relationships	Digital Literacy
Year 9	Peer Influence, Substance Use and Gangs	Setting Goals	Respectful Relationships	Healthy Lifestyles	Intimate Relationships	Employability Skills
Year 10	Mental Health	Work Experience	Healthy Relationships	Exploring Influence	Addressing extremism and Radicalisation	Financial Decision Making
Year 11	Mental Health	Next Steps	Communication in Relationships	Independence	Families	



The Department for Education statutory RSE guidance states: "All schools should work closely with parents when planning and delivering these subjects. Schools should ensure that parents know what will be taught and when, and clearly communicate the fact that parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE." Kirk Hallam Community Academy respects the legal right of parents/carers to withdraw their child from the Sex Education component of programme, except for those statutory parts included in the national curriculum for citizenship, P.E., computing and science.

If a parent wishes their child to be withdrawn from RSE lessons, they should put in writing which aspects of the programme they do not wish their child to participate in and send this to the academy addressed to Mr D Lloyd-Jones, Deputy Headteacher. Before granting any such request the Deputy Headteacher will discuss the request with parents and, where appropriate, with the child to ensure that their wishes are understood and to clarify the nature and purpose of the curriculum. We will document this process to ensure a record is kept.

For more detail about our PSHE curriculum offer, please visit the school's website: [Welcome to Personal Development | Kirk Hallam Community Academy \(kirhallamacademy.co.uk\)](https://www.kirhallamacademy.co.uk) where you can access curriculum overviews by year group.

As always, we thank parents and carers for their support and if you have any further queries, please do not hesitate to contact us at the academy.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'D Lloyd-Jones', written in a cursive style.

Mr D Lloyd-Jones
Deputy Headteacher