

Wednesday 25th September 2024

Dear parents and carers,

Free School Meals – Aspen's new menu

We are delighted to launch the new Aspen's school lunch menu for 2024-25. You can find a copy of this at the bottom of this letter.

Our meal deal offers the best value to students, and this is what is included in your child's free school meal allowance of £2.70. If your child wishes to purchase anything that isn't included in the meal deal, or any snacks at break time, you will need to top up their account on ParentPay.

The meal deal is made up of the main meal of the day (or a sandwich, hot burrito, hot pasta, or jacket potato) AND either a traybake cake OR a bottle of water.

We would encourage your child to bring their own refillable water bottle so that they can opt for the traybake to accompany their meal. The reason we suggest this is to encourage your child to have a balanced and filling meal in the middle of the day.



Every month we will be holding a theme day, for example 'Bienvenido a Cuba' Cuban cuisine in September, and 'Pi Day π ' pie and mash in March. Additionally, our Hot Right Now menus every 6 weeks feature high street and social media food trend recipes.

You can find further information about our catering service at [Canteen Menus | Kirk Hallam Community Academy \(kirkhallamacademy.co.uk\)](https://www.kirkhallamacademy.co.uk) including where to find nutritional and allergen information.

Kind regards,

A Morrison

Mrs A Morrison
PA to the Headteacher & Office Manager



STREATERIES LUNCH MENU



WEEK 1
2/9, 23/9, 14/10, 4/11,
25/11, 16/12, 6/1, 27/1



MON

MAINS

MEATBALL MARINARA PASTA BAKE
topped with Cheesy Garlic Crumbs

ASPENS LOADED MAC & CHEESE
with Spring Onion, Pepper & Garlic

SIDES

CRUNCHY RAINBOW SALAD



TUE

NASHVILLE BAKED CRISPY CHICKEN BURGER
with Ranch Slaw

CAJUN SPICED BAKED VEGGIE BURGER
with Ranch Slaw

CRISPY BAKED HOME FRIES



WED

ROAST PORK, STUFFING & APPLE SAUCE
with Gravy
Either as a classic roast dinner or loaded into a
baguette

ROASTED ROOTS FILO STRUDEL

SKIN ON ROASTIES CARROTS & BROCCOLI



THU

GARLIC CHILLI CHICKEN CURRY

SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY

CARDAMOM RICE & GREEN BEANS



FRI

Choose from:
BATTERED FISH SAUSAGE or VEG SAUSAGE
(battered or plain)
Margherita Pizza
Chicken Nuggets
Chips

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CHICKEN CAESAR SALAD

FALAFEL & POMEGRANATE COUSCOUS SALAD

QUINOA & FETA SUPERFOOD SALAD

HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD

TIKKA CHICKEN & MINT YOGURT SALAD

DESSERTS

WARM LEMON DRIZZLE SPONGE
with Custard

BLACK & WHITE SHORTBREAD COOKIE

STICKY TOFFEE PUDDING
with Toffee Sauce

FLAPJACK

STRAWBERRY TRIFLE POT

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 2
9/9, 30/9, 21/10, 11/11,
2/12, 23/12, 13/1, 3/2



MON

MAINS

CURRYWURST
in a crusty baguette

CAULIFLOWER SCHNITZEL

SIDES

POTATO SALAD
BRAISED CABBAGE



TUE

PULLED CHICKEN TIKKA PIE

CHANA MASALA STUFFED PIE

CRISPY BOMBAY POTATOES, CUMIN ROAST CARROTS & PARSNIPS



WED

BRITISH PORK SAUSAGE TOAD IN THE HOLE
with Onion Gravy

QUORN SAUSAGE TOAD IN THE HOLE
with Onion Gravy

SKIN ON GARLIC ROASTIES GREEN BEANS



THU

SMOKED CHILLI BEEF OVER RICE
with Smashed Nachos, Spring Onion & Sour Cream

VEGGIE BEAN CHILLI LOADED NACHOS
with Spring Onion & Sour Cream

SMOKY CORN



FRI

Choose from:
BATTERED FISH SAUSAGE or VEG SAUSAGE
(battered or plain)
Margherita Pizza
Chicken Nuggets
Chips

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CLASSIC NICOISE WITH EGG

BRIGHT & LIGHT CHICKEN PASTA SALAD

SUPERFOOD GREEN SALAD

ASIAN CUCUMBER, EDAMAME & NOODLE SALAD

JERK CHICKEN & PINEAPPLE SALAD

DESSERTS

APPLE CRUMBLE
with Custard

SHORTBREAD

NEW YORK VANILLA BAKED CHEESECAKE

BROOKIE

WARM WHITE CHOCOLATE BLONDIE
with Custard

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 3
16/9, 7/10, 28/10, 18/11,
9/12, 30/12, 20/1, 10/2



MON

TUSCAN SAUSAGE LASAGNE

PROVENCAL VEGETABLE LASAGNE

GARLIC WEDGES
HOUSE CHOP SALAD



TUE

KUNG PAO PULLED PORK

BANG BANG CAULIFLOWER

5 SPICE RICE & STIR FRIED GREENS



WED

CREAMY CHICKEN & PUFF PASTRY PIE

SMOKY SWEET POTATO & RED PEPPER PIE

CHIVE MASH PEAS, GREEN BEANS SAVOY CABBAGE



THU

SMOKY ALBONDIGAS (Meatballs)

SPANISH VEGETABLE TORTILLA

SPANISH RICE TOMATO & GREEN BEAN SALAD



FRI

Choose from:
BATTERED FISH SAUSAGE or VEG SAUSAGE (battered or plain)
Margherita Pizza
Chicken Nuggets
Chips

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE

MAINS

SIDES

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT
ITALIAN TOMATO PASTA - DAILY

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

CARBONARA PASTA

BEANS - CHEESE - JACKET POTATOES - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CLASSIC GREEK SALAD WITH FETA & OLIVES

SQUASH, ROASTED VEGETABLE & CHICKPEA SALAD

SMOKY MEXICAN BEAN CHOPPED SALAD

CRUNCHY RANCH & EGG SALAD

COCONUT CHILLI CHICKEN SALAD

DESSERTS

APPLE & SYRUP SPONGE with Custard

CHOCOLATE SHORTBREAD

KEY LIME CHEESECAKE

CHOCOLATE BANANA CAKE with Custard

BROWNIE with Chocolate Sauce

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit & Yogurt Pots
Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO