



**Week 2 Thursday 17/9/20 – Sausage Rolls:** *You must bring a container to take your food home in*

Ingredients: Puff Pastry  
1 Egg  
400g Sausage

**Week 3 Thursday 24/9/20 – Tomato, Bean and Pasta Soup:** *You must bring a container to take your food home in.*

Ingredients: 1 onion  
2 celery sticks  
1 clove of garlic.  
1 x 15ml spoon of oil.  
2 cans of chopped tomatoes  
1 can of cannelloni beans  
1 vegetable stock cube.  
50g small pasta shells  
Basil leaves (optional)  
Parmesan cheese (optional)

**Week 4 Tuesday 29/9/20 – Ruff-Puff Pastry:** *You must bring a container to take your food home in.*

Ingredients: 250g strong plain flour  
1tsp Sea salt  
250g butter

**Week 4 Thursday 1/10/20 – Ruff-Puff Pastry:** *You must bring a container to take your food home in.*

Ingredients: 1 can of pie filling.  
1 egg

**Week 5 Thursday 8/10/20 – Cheesecake:** *You must bring a Spring-tin Cake tin and container to take your food home in.*

Ingredients: 100g Digestive Biscuits  
50g demerara sugar  
50g butter  
250g full fat cream cheese  
50g icing sugar  
1tsp vanilla extract  
100ml double cream.

**Week 6 Thursday 15/10/20 – Chilli/Spaghetti sauce:** *You must bring a container*

Ingredients: 500g lean minced beef  
1 onion  
1 celery stick  
1 tbs tomato purée  
1 beef stock cube  
100ml semi-skimmed milk  
25g butter.

**Week Thursday 7 22/10/20 – Anzac Biscuits:** *You must bring a container to take your food home in.*

Ingredients: 85g porridge oats  
85g desiccated coconuts  
100g plain flour  
100g caster sugar  
100g butter  
1 tbs golden syrup  
1 tsp bicarbonate of soda.

**Week 8 Thursday 5/11/20 – Chicken pie:** *You must bring a pie tin to take your food home in.*

Ingredients: 15ml vegetable oil  
2 chicken breasts  
6 mushrooms  
1 onion  
25g peas  
25g sweetcorn  
Can of white sauce  
Shortcrust pastry

**Week 9 Thursday 12/11/20 - Brownies:** *You must bring an oven-proof dish to take your food home in.*

Ingredients: 130g butter  
260g Caster Sugar  
65g cocoa powder  
1 tsp vanilla extract  
4 large eggs  
200g plain flour  
½ tsp baking powder  
½ tsp salt

- **Ingredients must be brought into school before school and stored in the fridge if necessary**
- **Students must remember to bring a clean apron/tea towel**
- **A suitable dish/container must be brought to transport food home in**

