

# TRANSITION



# WELCOME PACK

## WELCOME FROM THE HEAD OF SCHOOL

#### Dear Parent/carer

#### Welcome to Kirk Hallam Academy

We are delighted and feel privileged that you have trusted us to look after the education of your child. The school is undergoing a number of key changes at present and we are so excited that you will be joining our community as we look to make Kirk Hallam excellent in everything we do.

Since joining the school in January every encounter I have had, be it parent, carer or child, has reinforced my belief that this community deserves an excellent school. I want to build upon the strengths that exist in the school already to ensure that, together, we can deliver a high quality provision. This is not a journey that I can make alone but I promise to leave no stone unturned in my pursuit of educational excellence for your children.

Delivering these improvements will come on a number of fronts:

1. **Creating an excellent culture**. We will develop a robust behaviour system that is clearly communicated to parents and students. Within this we will work hard to eradicate bullying and ensure that staff and students are kind to each other.

2. **Developing excellent teachers**. We will develop a strong program of professional training and development so that every teacher uses every minute of every lesson to improve outcomes for every child.

3. **Ensuring excellent results**. We must make sure that everyone gets the results they need to have a choice over their future. Where students are falling behind, we will make early interventions to ensure they are not so far behind in years 11 and 13 that they do not achieve their desired outcomes.

As part of NOVA Education Trust our academy benefits from being in a strong partnership with several schools locally, many of which are rated as Good or Outstanding. We will use these links in order to ensure that your child gets a quality education.

We are really excited about the chance to work in close partnership with you over the next 7 years. We will be in touch again shortly to send you some key information, including a chance to meet me virtually in a bespoke virtual meeting in-lieu of an in-person gathering.

Yours sincerely

Damian Belshaw Head of School





## **ACTIVITIES TO GET YOU PREPARED!**

Your Teachers at Kirk Hallam Community Academy have planned some activities for you which we hope you will find helpful in preparation for Year 7!

## **A Fitness Challenge!**

Using the letters of your name complete the exercises associated with that letter.

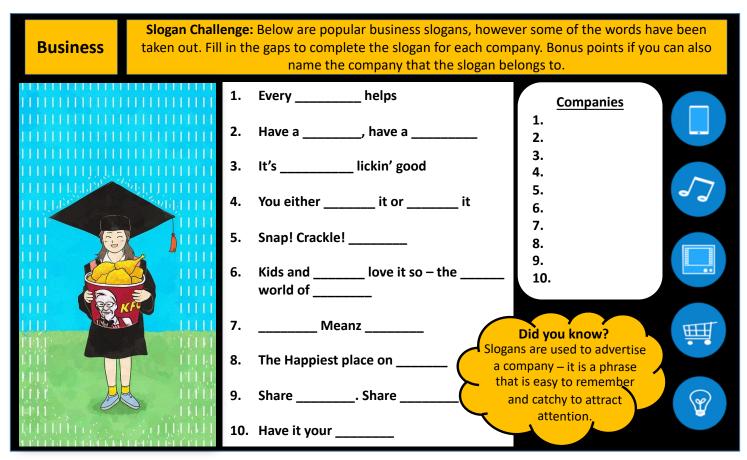
For example, if your name begins with a R you would start by doing 30 seconds of shuttle runs. Then move onto the next letter of your name.



## **ALPHABET FITNESS**

		Spell your name and carry	out the	e exerc	ises for each letter
Α	=	50 Jumping Jacks	Ν	=	25 Burpees
В	=	20 Crunches	0	=	20 Lunges
С	=	30 Squat	Ρ	=	30 secs Ski Jumps
D	=	15 Push-ups	Q	=	30 Sit Ups
Е	=	1 min Wall Sit	R	=	30 sec Shuttle Runs
F	=	10 Burpees	S	=	20 Bicep Curls
G	=	20 Arm Circles	т	=	20 Tricep Dips
н	=	20 Squats	U	=	45 secs Battle Rope
I.	=	30 Jumping Jacks	V	=	45 secs Plank
J	=	30 secs Plank	W	=	20 Push-ups
К	=	30 secs Battle Rope	X	=	30 Jumping Jacks
L	=	30 secs Wall Sit	Y	=	10 Crunches
М	=	30 Mountain Climbers	z	=	20 Ball Slams





## **Maths Challenges!**

#### Challenge 1 - Calculate your next travel destination

Instructions:

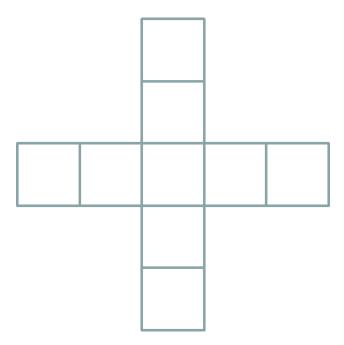
- 1. Choose a number between 1 and 9
- 2. Multiply it by 3
- 3. Add 3
- 4. Multiply by 3 again
- 5. Add the two digit number together
- 6. The number you get is where you will be travelling to next

1: Singapore, 2: Spain, 3. India, 4: Thailand, 5: Malaysia, 6: Indonesia, 7: Brazil, 8: England, 9: Stay at home, 10: Australia, 11: Cambodia, 12: Vietnam, 13: Japan, 14: South Korea, 15: India, 16: Canada, 17: Mexico, 18: New Zealand

### Challenge 2- 1-9 Grid

Arrange the numbers 1-9 into the grid so that the total of the numbers in the row is the same as the total of the numbers in the column.

How many different totals are possible?



#### Challenge 3- Four 2's...

How many different numbers can you make using four 2's?

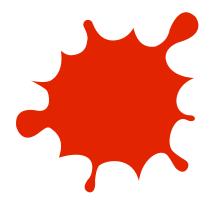
What's the biggest number you can make?

You can use +, -, ÷ and × or any other mathematical operation you can think of.

## **Physical Geography Anagrams!**

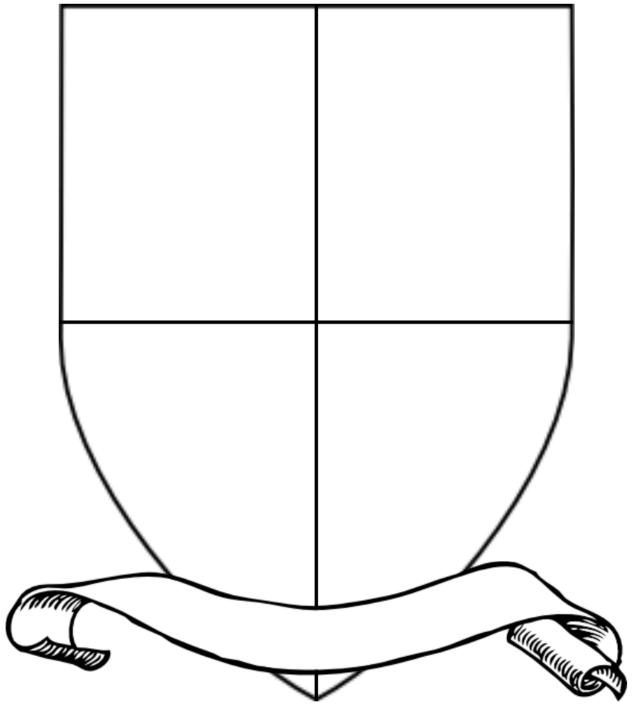


Numbers	Anagram	Definition	Answers
1	UZRRATHADALAN	A natural event, e.g. an earthquake, volcanic eruption, tropical storm or flood, which threatens people or has the potential to cause damage, destruction and death.	
2	EREQKTHUEA	A sudden or violent movement within the Earth's crust followed by a series of shocks.	
3	CAVOLON	An opening in the Earth's crust from which lava, ash and gases erupt.	
4	TALROMOPRICST	An area of low pressure with winds moving in a spiral around the calm central point called the 'eye of the storm'. Winds are powerful and rainfall is heavy.	
5	CCLANMEHGETAI	A long-term change in the Earth's climate, especially a change due to an increase in the average atmospheric temperature.	



## **Art Challenge!**

## "THIS IS ME" SHIELD



In each of the different sections, draw pictures to tell people about yourself! You could include your hobbies, favourite foods, what books you like to read, favourite sport, favourite subject at school or what you would like to be when you grow up. Remember to include your name on the scroll at the bottom of your shield.