

Guidance sheet for Project 1

Use the information and examples below to help you but don't just copy!!

Model Example of how to write about the different leadership roles:

A captain is the leader of a team and they try to lead the team to victory. A captain of a Rugby team will make sure his teammates are in the correct positions for set plays e.g. For line outs and scrums. A captain is chosen by the manager or PE teacher and often has full respect of their teammates as they think they are a good player and will help the team win. A captain will also listen to other ideas from other players, and play by the rules and set high Standards for others to look up to

Below will give you some ideas to expand about the different types of leaders do (their role)

Help

Expedition Leaders

Hold significant responsibility for the group e.g. guiding them up and down a mountain

Awareness of safety

EG Leading on a Duke of Edinburgh Award Scheme

Role Models

Can be positive or negative

Sports people should be +

Lead and guide others by how they conduct themselves

Can you give an example of a + and _ role model in Sport

Captains

Make decisions for their team

Influence and motivate

Listen to others

Give an example from sport e.g. Rugby A captain will speak with the referee /make decisions weather to kick for goal OR kick to touch

Can you name a captain in sport and state what they have achieved???

Managers

Manage tactics and strategies e.g. ??????? Give a sporting example

Make decisions about substitutions/players

May have media duties to fulfil Give an example of a well-known Manager and what they have achieved

Teachers

Lead and guide students

Lead sports teams in extracurricular /who plays /manner in which the game is played

Teach core PE lessons involving planning and leading sessions

Responsible for the safety and tracking of student progress

Motivate students/adapt teaching to accommodate all

Coaches

Can work on a 1-1 or large groups

They guide and help get rid of weaknesses and maximise strengths

Have official Governing Body Qualifications

Ensure safety and Progression/Provide feedback/Role models e.g. an example from sport