

## Year 10 - Cambridge National Sports Studies – Project 2

### Leadership Unit – Project 2

When you have completed this assignment (project 2) you will have knowledge and understanding of the learning outcomes below:

**Learning Outcome 1** – The personal qualities that you need for the leadership roles

**Learning outcome 2** – Different leadership styles

Below are questions that you need to answer to complete the learning outcomes above. The questions are in the same structure that you have used in lessons – they are divided into ‘pass’, ‘merit’ and ‘distinction’ questions.

Please try and answer **all** questions and do all the tasks in all 3 columns to achieve the highest marks.

Use the title below as the main one for your assignment and then each learning outcome has a sub-heading.

**Title: Project 1 - Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership**

If you need any help or guidance please get in touch with your teacher on Teams or email them at the following...

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**Questions for Learning Outcome 1 –**

**The personal qualities that you need for the leadership roles (Sub- heading)**

<b>Mark Band 1 (1-4 marks) Pass</b>	<b>Mark Band 2 (5-7 marks) Merit</b>	<b>Mark Band 3 (8-9 marks) Distinction</b>
Describes a few personal qualities that a sports leader needs with examples	Describes a range of personal qualities that a sports leader needs with examples	Describes a wide range of personal qualities that a sports leader needs with examples
<p><b><u>Reliable and Punctual</u></b> Why is it important that a leader is reliable and punctual?</p> <p>What would happen if they were late?</p> <p>What example would this set?</p> <p>What do sports leaders need to set up before a session?</p> <p><b><u>Confidence</u></b> Why is it important that PE teachers and coaches are confident?</p>	<p><b><u>Communication</u></b> How do good sports leaders communicate?</p> <p>Why is this important?</p> <p><b><u>Creativity</u></b> Why does a leader need to be creative (or adapt)?</p> <p>What if things are not working well in the session?</p> <p>What if the group have lost motivation?</p> <p>What do you need to know about the group to plan a session that will work</p> <p><b><u>Challenge</u></b> How was Alex Ferguson a creative manager?</p>	<p>Complete all the questions in the pass and merit section!</p> <p><b>Write about why a good leader needs these qualities using sporting examples</b></p> <p><b><u>Charisma</u></b> <b><u>Fairness</u></b> <b><u>Resilience</u></b> Can you think of any others?</p>

## **Questions and task Learning outcome 2 – Different leadership styles**

**Leadership Styles:** Now you have to conclude your assignment by writing about the 3 different Leadership styles (Democratic, Autocratic, Laissez-faire)

### **Introduction**

Leadership styles can be the manner and approach that you use when working with or leading a group. It depends upon your personality and attitude and the way that you approach the activity that you are leading. (You can use this as your introduction)

Now explain the 3 different styles of leadership, try and expand on the key points below and give sporting examples using different leaders (they don't have to be famous!)

For each style can you come up with any **ADVANTAGES** and **DISADVANTAGES**?

### **CHALLENGE**

#### **Democratic**

- They consult the group when making decisions
- Listen to the viewpoint of others
- Talk to group members and respect other's opinions

#### **Autocratic**

- Do not value the opinion of others
- Make all of the decisions
- Tell people what they are doing

#### **Laissez-faire**

- The leader does not intervene and allows the activity to follow its own natural course
- The leader does nothing at all
- Good for group work when all is going well

**You also need to give 2 examples of 2 different types of leader:**

Try and think of examples of leaders who use different approaches but who are successful e.g. Roy Hodgson and Stephen Gerrard. For this section you need to answer the following questions

1. What makes the person a good leader?
2. What do they do? E.g. a football manager or a captain
3. What role- related responsibilities do they have?
4. What personal qualities do they have?
5. What Leadership style do they display?