



Please see below for a bulletin from Derbyshire Police.

Remember if you have any concerns as a parent, carer or student you can contact members of staff as usual.

Dear Students,

This is a difficult time for everyone. Being at home doesn't mean you are isolated. There are people who can help.

If you need to talk to someone or if you're worried about a friend, you can contact any of the following:

If you are worried a crime is happening now, call 999 now.

If it isn't an emergency, but you think the police should know about it call 101 or report it online.

Twitter - @DerPolContact

Facebook - @derbyshireconstabulary

If you would prefer not to contact the Police directly:

Crimestoppers – 0800555111 (anonymously)

NSPCC - 0808 800 5000 or email [-help@nspcc.org.uk](mailto:help@nspcc.org.uk)

Child Line - 0800 1111

CEOP - Link on the safeguarding section of the school website.

The main thing is, if you have a concern and would normally confide in a trusted adult at school or someone who you would normally have regular contact with but aren't at the moment, please, please consider the options above.

We are all here to help!

It is also important to look after our own mental health during these strange times, should you feel in need you can contact The Mental Health Helpline on:

0300 790 0596

or explore the [Mental Health Helpline](#) for advice